

The logo for QPR Institute features the letters 'QPR' in a large, dark red, serif font, with 'INSTITUTE' in a smaller, dark red, sans-serif font below it. The text is enclosed within a light blue circular outline. The background of the top half of the flyer shows a person's silhouette from behind, looking out at a bright sunset or sunrise over a body of water.

QPR INSTITUTE

Question. Persuade. Refer.

Suicide Prevention Training

June 10th 5-7 pm

What Will We Learn?

- Myths and facts about suicide
- Recognize signs someone may be thinking about suicide
- How to ask questions to assess the situation
- How to persuade the person to stay alive long enough to get help
- How to refer them to a professional for help to get them through the crisis and into treatment

Who is it for?

- Parents
- Caregivers
- Teachers
- Community Members
- Coaches
- Anyone of 18+ years

How to attend the training:

Contact Emily Morrison at emorrison@mhrk.org
Limited seating is available for this training.
Training will be held at the 4H building at the fairgrounds,
700 Perimeter Drive, Mount Vernon.